



Brushing Diary



Write the day of the week in the diary and tick each time you have brushed your teeth in the box for that day

Day	Tick for every time you brush your teeth	
Day 1	<input type="checkbox"/>	<input type="checkbox"/>
Day 2	<input type="checkbox"/>	<input type="checkbox"/>
Day 3	<input type="checkbox"/>	<input type="checkbox"/>
Day 4	<input type="checkbox"/>	<input type="checkbox"/>
Day 5	<input type="checkbox"/>	<input type="checkbox"/>
Day 6	<input type="checkbox"/>	<input type="checkbox"/>
Day 7	<input type="checkbox"/>	<input type="checkbox"/>
Week Total	<input type="checkbox"/>	<input type="checkbox"/>

