## SH1 - Antimicrobial Resistance Flash Card Game

Resistant Bacteria:

Bacteria that can no longer be killed by some or all antibiotics. This is called antibiotic resistance.

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## SH2 - Antimicrobial Resistance Flash Card Game

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

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Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

Bacteria:

Bacteria haven’t

Developed resistance, therefore they can still be killed by antibiotics

## SH3 and 4- Antimicrobial Resistance Flash Card Game

1. Action card

You’re not feeling well, so a friend offers you some of their left over antibiotics which you take

2. Action card

You’ve come down with a sore throat so you try and get antibiotics from your doctor

Pick up 1 resistant bacteria

Pick up 1 resistant bacteria

Pass on 2 bacteria

Put 2 bacteria back in the pile

Information: You must not use anyone’s leftover antibiotics as this can increase antibiotic resistance

Information: Most common infections will get better by themselves through time, bed rest, fluids and healthy living

3. Action card

You have strep throat and have been coughing a lot. Every time you cough you use a tissue to catch it and then you throw it in the bin to stop other people catching your infection

4. Action card

You’ve got a headache so you take some antibiotics that you find at home and try to relieve the pain.

Pass on 2 bacteria

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Information: One of the best ways to stop infections spreading to others is by catching your cough and sneeze in a tissue

Information: Antibiotics only treat bacterial infections, they will not help your headache get better

5. Action card

You’ve got pneumonia and you’ve been given antibiotics by your doctor but you stop taking them when you start feeling better

6. Action card

Your friend thinks she has an STI so you give her antibiotics you had for strep throat.

Pick up 1 resistant bacteria

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Pass on 1 bacterium

Information: Take the course of antibiotics exactly as told to by your doctor

Information: antibiotics should only be taken:

>For the illness for which it was prescribed

>By the patient it was prescribed to

>When it was prescribed, not at a later date

## SH3 and 4- Antimicrobial Resistance Flash Card Game

7. Action card

You cook lunch for you and your friends but you forget to wash your hands after you cut up the chicken and cook it

8. Action card

You visit a friend in hospital but you forget to wash your hands when you leave

Pick up 1 resistant bacteria

Pick up 1 resistant bacteria

Pass on 2 bacteria

Put 2 bacteria back in the pile

Information: You should always remember to wash your hands to stop harmful bacteria spreading, especially after touching raw meat

Information: Always remember to wash your hands to prevent the spread of infection, especially in hospitals where microbes may be harmful

9. Action card

You’re cooking lunch for yourself and handle raw chicken. You wash your hands thoroughly afterwards

10. Action card

Your friend offers you some of their leftover antibiotics for your cough. You say no and suggest they take them to a pharmacy for safe disposal

Put 1 resistant bacteria back in the pile

Put 1 resistant bacteria back in the pile

Take 1 bacteria from the person on your left

Information: You must not use anyone's antibiotics as this can increase antibiotic resistance in your gut

Information: One of the best ways to stop infections spreading to others is by catching your cough and sneeze in a tissue

11. Action card

You go on holiday abroad and buy antibiotics at a chemist to use the next time you’re ill

12. Action card

Your mother has a bad chest infection and is on antibiotics. You develop a cough and use some of her antibiotics

Pick up 1 resistant bacteria

Pick up 1 resistant bacteria

Put 2 bacteria back in the pile

Put 2 bacteria back in the pile

Information: It is important to only take antibiotics prescribed for you by a healthcare professional, some may cause harm

Information: you must not use anyone's antibiotics as this can increase antibiotic resistance

## SH3 and 4- Antimicrobial Resistance Flash Card Game

13. Action card

You are given antibiotics as you have huge swollen tonsils with pus on them and you have a fever. But you forget to take the antibiotics four times a day

14. Action card

You have bad spots but the cream you are using isn’t working. You ask your doctor for antibiotics

Pick up 1 resistant bacteria

Pick up 1 resistant bacteria

Put 1 bacteria back in the pile

Put 2 bacteria back in the pile

Information: Take antibiotics exactly as told to by your doctor or pharmacist

Information: Antibiotics aren’t the only way to treat acne, speak to your doctor about all of your options

15. Action card

You have a really bad cold and ruby nose. You go to bed and take paracetamol to help the fever.

16. Action card

You have diarrhoea and vomiting, you stay at home to stop it spreading and you wash your hands regularly

Pick up 1 bacterium

Pick up 1 bacterium

Information: The only way to treat a cold and runny nose is to get plenty of fluids and use paracetamol to manage symptoms.

Information: When you are ill you should always remember to wash your hands to prevent the spread of the infection. Staying at home and resting will help you recover.

17. Action card

You notice that there are leftover antibiotics in your medicine cabinet from when you had an infected wound. You take them back to the pharmacy for disposal.

18. Action card

You’re at a friends house and your friend is making lunch. You remind them to wash their hands when they finish scrubbing the potatoes.

Put 1 resistant bacteria back in the pile

Put 1 resistant bacteria back in the pile

Information: It is important to return any leftover medicine to the pharmacy for disposal to prevent harming the environment

Information: you should always remember to wash your hands to prevent the spread of bacteria, especially before and after making food