

Prevention of Infection: Vaccinations

Students use their reading comprehension and creative skills to answer questions on, and act out, the discovery of vaccinations by Edward Jenner.

Curriculum Links

Science

Working scientifically, Living things and their habitats;

PSHE/RSHE

Health and prevention

English

Reading and comprehension; Spoken language, Writing

Key Words

Antibody, Antigen, Bacteria, Disease, Immune system, Immunise, Vaccines, Virus, White blood cell (WBC)

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Learning Outcomes

All students will:

 Understand that vaccines help prevent a range of infections, including the flu.

Most students will:

 Understand that there are not vaccines for all infections.

Resources Required

Main Activity: Historic Heroes Per student

- Copy of SH1
- Copy of SW1

Extension Activity: Role Play Per group

Copy of SH2

Extension Activity: Vaccinations Quiz Per student

Copy of SW2

Additional Resources
Per student

- Copy of SH3 (available from the e-bug.eu website)
- Copy of PP1 (available from the e-bug.eu website)

Fascinating Fact

The word vaccine comes from the Latin word vacca meaning cow, so named because the first vaccine was made from the milder cow pox disease.

🔋 Supporting Materials



SH1 Historic Heroes Student Handout



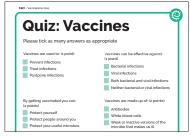
SH2 The Discovery of Vaccinations Script



SH3 Vaccines Factsheet



SW1 Historic Heroes Gap Fill Activity



SW2 Vaccinations Quiz

Lesson Plan



Introduction

- 1. Begin the lesson by explaining that although there are many harmful microbes that can make us ill, in some cases, there are things we can do to prevent this happening.
- 2. Explain that vaccinations are a harmless small amount of the microbe (e.g. disease markings or outer coat) that teaches our body how to fight the harmful microbe when or if we get attacked by the disease. Discuss class experiences of vaccinations, which vaccinations they remember getting and when they got them. For example, ask students to raise their hands if they have received the flu vaccination at school.
- 3. Show the class images in PP1 of the disease and bacteria/viruses which they are likely to have been immunised against. Emphasise that in the 1700s these diseases were extremely common.
- 4. Highlight that without their vaccinations, many of the students in the class would not have survived past 5 years of age. Explain that diseases like whooping cough, polio and TB are now extremely rare due to vaccinations.
- 5. Remind students that some microbes change their outer coats like we change our clothes. Some microbes change their markings/coats so quickly that scientists cannot create vaccines for many infections (e.g common cold/sore throat) or they have to make a new vaccine every year, like the flu vaccine.

Discussion

What are vaccines?

Vaccines protect a person

against a particular disease.

They are dead or severely

weakened versions of the

microbe.

Who discovered vaccines?

Edward Jenner discovered vaccines in 1796.

Check for understanding by asking students:

When should vaccines be used?

Vaccines should be administered before an illness occurs; vaccines are a preventative measure.

How does a vaccine work?

A vaccine is an extremely weakened or killed version of the microbes. Our body can find the vaccine, learn how to fight against it and kill it so the vaccine will not make you ill.



- 2 Learn how Jenner created the first vaccine
- 3 Test your understanding by filling in the blanks and answering the questions

Main Activity: Historic Heroes

- 1. Provide each student with a copy of SW1.
- 2. Read the story of Edward Jenner (SH1) to the class, either show the story to the class on the whiteboard or provide each student with a copy of SH1. The class can then read along with the story.
- 3. After reading the story, ask the class to fill in the spaces on their worksheet (SW1).
- 4. Students should also answer the questions at the bottom of the worksheet.

Students will learn what vaccinations are, how they work, and why they are important.



Discovery of vaccinations role play activity

Provide groups of 3 or 4 students with a copy of SH2. Students can bring the story of Edward Jenner to life by recreating his story into a play to present to the class.

To expand on this activity, ask students to pretend they are Edward Jenner and write a diary entry for the day he made his discovery.

Vaccinations Quiz

Provide groups of 2 or 3 students with SW2 and the team with the most points wins. Answers are available on the e-bug website.

Common Vaccination Questions Q&A discussion

The following Question and Answer discussion will support student understanding of vaccinations.

Q: What is a vaccination?

A: Vaccinations are another means of helping our immune system protect us against harmful diseases. They use your body's natural defences to build resistance to specific infections and help make our immune system stronger.

Q: Why is vaccination important?

A: Vaccines are a safe and effective way to prevent us from getting ill. Today there are vaccines to protect us from at least 20 diseases including tetanus, influenza, measles, mumps, polio and meningitis. When we get vaccinated, we aren't just protecting ourselves but also the people around us. Vaccines help prevent the spread of infection.

Q: How does a vaccine work?

A: When the vaccine is injected into the body the immune system attacks it as if harmful microbes were attacking the body. White blood cells, a part of our immune system, create lots of antibodies to attach to specific markers on the surface, called antigens, of the vaccine organisms. Because the vaccine is an extremely weakened version of the microbes, our immune system can kill all cells from the vaccine and it will not make you ill. By successfully eliminating all the vaccine, the immune system remembers how to combat those microbes. The next time microbes carrying the same markers/antigen enter the body, the immune system is ready to fight it before it has a chance to make

you ill. This means you develop immunity against diseases.

Q: Why should I get vaccinated?

A: Vaccines have saved millions of lives. Without vaccines, we are at serious risk of illness and disability from diseases like polio and meningitis. Vaccinations protect ourselves from illness and others from getting ill too. Not everyone can be vaccinated, sometimes very young babies, very old people and people with serious illness e.g. certain allergies – these people depend on others getting vaccinated to prevent the spread of infection and protect them.

Modern Vaccine Scientists

As a class discussion or homework activity ask students to consider the following scientists that are making significant discoveries in global vaccine development:

- Dame Sarah Gilbert
 Co-Creator of the Oxford/AstraZeneca
 COVID-19 vaccine.
- Kathrin Jansen
 Vaccine lead at Pfizer, co-developer of the COVID-19 Pfizer-BioNTech vaccine.
- Hanneke Schuitemaker
 Vaccine lead at Johnson & Johnson's
 Janssen Vaccines & Prevention.
- Gagandeep Kang
 Microbiologist and virologist researching viral infections in children (in particular rotaviral vaccines rotaviruses are a common cause of severe diarrhoea among young children).

Or ask students to find their own examples.

Learning Consolidation

At the end of the lesson, ask the class the questions below as a fact checker

- What bodily system fights any harmful microbes that may enter our bodies?

 Answer: Our immune system
- Vaccines help prevent a range of infections, for example...?

 Answer: i.e. influenza, COVID-19, measles, mumps, rubella, polio, meningitis, whooping cough, TB Or any other example you may have provided
- True or False: There are vaccines for all infections?

Answer: False



Historic Heroes



Edward Jenner was born in 1749. As a young boy, Edward enjoyed science and nature, and spent hours on the banks of the River Severn looking for fossils. In 1770, at the age of twenty one, he began training as a doctor in London. Two years later Edward began to practise as a doctor in his home town of Berkeley, Gloucestershire.



During this time, people were terrified of a horrible disease called smallpox. People who got this disease got severe scarring from lesions and sometimes even died. As a doctor, Edward Jenner listened to what the country people said about smallpox. They believed that someone who caught a different mild infection called cowpox from their cows would not catch the much more serious smallpox.



Jenner carried out an experiment to see if the people were right. In 1796 a milk maid called Sarah Nelmes came to Jenner complaining of a cowpox rash on her hand that she caught from Blossom the cow. Jenner took some of the pus from the cowpox rash on Sarah's hand. He scratched some of the pus into the hand of an 8 year old boy called James Phipps, the son of his gardener. James fell ill with cowpox but soon recovered.



Jenner then took some pus from someone with the dangerous disease, smallpox, and scratched this into James' arm. James developed a scab but did not develop smallpox, Jenner's theory was right. Jenner's discovery came to be known as vaccination from the Latin word for a cow: vacca. Jenner went on to vaccinate all the local children with the cowpox to stop them from getting the more dangerous smallpox disease.

The discovery of vaccinations script

Scene 1 - by a river

Narrator Edward Jenner was born in 1749. As a young boy Edward enjoyed science and nature,

spending hours on the banks of the river Severn looking for fossils.

Jenner What a lovely day to go looking for fossils on the bank of the river Severn.

What could be more perfect?

Narrator In 1770, at the age of 21, he began training as a doctor in London. Two years later Edward

began to practice as a doctor in his home town of Berkeley, Gloucestershire. At this time

smallpox and cowpox were a problem.

Scene 2 - Dr Jenner's office

Jenner Oh come in come in, what seems to be the problem Mr and Mrs Smith?

Mrs Smith Well Dr Jenner, my husband has got himself a cowpox rash. What can be done for him?

Mr Smith Also doctor, a friend of mine died last year from smallpox. But he never had cowpox.

Jenner Yes, do go on Mr Smith.

Mr Smith Well, I know lots of other people who have had cowpox but then never got smallpox.

Do you think this means I won't get it doctor?

Jenner You know Mr Smith, you are not the first patient to say that to me. I have my suspicions

that you are correct. I will investigate the matter.

Narrator And the good doctor did just that. When milk maid Sarah Nelmes came to Dr Jenner with

a cowpox rash he took the opportunity to experiment with the help of an 8 year old boy,

James Phipps.

Scene 3 - Dr Jenner's office

Sarah Doctor, I've got a cowpox rash on my hand.

Jenner OK Miss Nelmes, let me take a look at that. Right young James, come here please and

hold out your hand.

Sarah What are you doing doctor?

Jenner An experiment Miss Nelmes. I shall take some of the pus from your rash and scratch it

into James' hand.

Narrator James fell ill with cowpox but soon recovered. Dr Jenner was ready for part 2 of his

experiment. It was now that the doctor scratched some pus from someone with smallpox

into James' arm.

Jenner James my boy, if all goes to plan your name will go down in medical history.

James But what if it doesn't go to plan Dr Jenner?

Jenner I won't lie to you James, you might well die.

James (Gulps) Oh!

Narrator But James didn't die. Jenner's theory was right and in time his discovery came to be known

as vaccination. He then went on to vaccinate all the local children with cowpox to stop them from getting smallpox. Even today his work is still recognized and Gloucestershire Royal

Hospital has a unit named after him.

The Story of Edward Jenner

Reading Comprehension

Edward Jenner was born in	, England. As a you	ung boy Jenner's favourite
subject was and when	he grew up he became a	At the time the
people of England were terrified of	a deadly disease called	Symptoms included
severe and many pe	ople died. Jenner noticed that r	milkmaids who caught the
harmless infection, from	om their milking cows did not di	ie from smallpox. Jenner
took pus from the hand of a who had cow pox and infected a boy called		
The boy got infected with cowpox but soon recovered. Jenner then		
James with smallpox. A deve	eloped but the boy did not deve	elop smallpox. Jenner was
delighted that his idea was correct, he went on to all the children in his town with		
cowpox to stop them getting small	pox.	

CowpoxJames PhippsSmallpoxGloucestershireDoctorMilk-maidScienceScarringInfectedScabVaccinate

Understanding Answer the following questions:

- What was the name of the doctor who discovered vaccinations?
- 2. What was the name of the deadly disease at the time?
- 3. What was Jenner's idea to stop the deadly disease?
- 4. What happened to James after he was infected with the cowpox?
- 5. What happened to James after he was infected with the smallpox?
- 6. Why was it important for Jenner to test his idea on James before treating lots of children?

A Historic Hero

Dr Edward Jenner is one of the most important people in scientific history. Without his discovery of vaccinations more than half your class would not be here today.

Did you know?

By the age of 9, each child may have had at least 12 injections to prevent 13 different dangerous infections.

Fascinating Fact

Vaccination comes from the Latin word for a cow – vacca





Quiz: Vaccines

Please tick as many answers as appropriate

Vaccines are used to: (1 point) Vaccines can be effective against: (1 point) Prevent infections **Bacterial infections** Treat infections Viral infections Postpone infections Both bacterial and viral infections Neither bacterial or viral infections By getting vaccinated you can: Vaccines are made up of: (2 points) (2 points) **Antibodies** Protect yourself White blood cells Protect people around you Weak or inactive versions of the Protect your useful microbes microbe that makes us ill Strong microbes that make us ill How do vaccines work? (1 point) Herd immunity is: (1 point) They block the entry of microbes When animals such as cattle have been vaccinated in the body They kill microbes in your body A type of immunity naturally present in the body The immune system attacks the vaccine and remembers for next When enough of the population is vaccinated to prevent the spread time of a certain infection None of the above Which diseases cannot be prevented Which diseases are eradicated or rare by vaccination? (2 points) thanks to vaccinations? (3 points) Common cold Smallpox Measles Cough Sore throat Polio Polio **Tetanus**