

## SW3 - Respiratory Hygiene Fill in the Blanks Worksheet

### Complete the sentences below using the key words

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ can spread from person to person through the air, through person-to-person contact (touching hands, hugging, kissing) or by touching contaminated surfaces.

Colds and flus are the most common type of infection in the

classroom and among the most \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Common \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of a respiratory infection can include

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, sore throat, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and sometimes a runny or blocked nose.

We can prevent microbes being transmitted from person to person by covering our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with a tissue and throwing away the tissue immediately.

We should always wash our hands with soap and water, or

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ if soap and water are not available, immediately after throwing away the tissue.

Although there are many \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ microbes that can make us ill, we can prevent some infections by getting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Key words:

headaches, hand sanitiser, fever, vaccinations, symptoms, microbes, sneezes, coughs, harmful, contagious